

Nantgwynfaen Breakfast Menu

*Please let us know what time you would like breakfast
And also what you would like to eat, here are some suggestions*

Please help yourself to cereal and yoghurt. Homemade marmalade and freshly squeezed orange juice will be on the table.

Welsh Farmers Breakfast

Brecwast Ffermwr Cymraeg

Poached Eggs from the farm, homemade sausage, local bacon, mushrooms, beans & tomato

Swansea Fisherman's Breakfast

Brecwast Pysgotwyr Abertawe

Bacon, Welsh cockles*, laverbread* with cream on homemade granary toast

Pancakes : Crempogau

- American with maple syrup, sweet bacon, berries & cream
- Or Traditional with lemon and sugar

Scrambled Eggs : Wyau Wedi Scramblo

From the farm on homemade granary toast with laverbread* and mushrooms

Porridge : Uwd

With Welsh double cream, brown sugar and a dash of Welsh whisky*

Fresh Fruit Salad : Salad Ffrwythau Ffres

With Welsh rhubarb yoghurt & crunchy local granola

Welsh Rarebit : Rarebit Cymraeg

Local cheddar in a creamy sauce, with laverbread* on homemade granary toast.

Bacon Sandwich : Brechdan Bacwn

On white bread with fried tomato and a hint of piri piri sauce

*All ingredients are certified organic, unless specified with *. Laverbread is seaweed (not bread!). It is a Welsh delicacy, healthy & tasty.*